

OCTOBER 2025 HIGH MENU

Breakfast

All breakfasts includes an Entrée, Fruit/Juice*, and Choice of Milk

BREAKFAST IS FREE
FOR ALL
PINELLAS COUNTY
SCHOOL STUDENTS!

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Cupped or Dried Fruit Choice of Milk	Bacon & Cheese Egg Bite on Brazilian Bun Seasonal Fresh Fruit Choice of Milk	Chocolate Chip French Toast Mini Bites Cupped or Dried Fruit Choice of Milk	Sausage Biscuit Seasonal Fresh Fruit Choice of Milk	Apple Cinnamon French Toast Cupped or Dried Fruit Choice of Milk
Cold Cereal Variety	Yogurt Cup Combo	Honey PB&J Uncrustable	Assortment of Pastries Glazed Pull-A-Part or Caramel Mini Cinnis Roll, WG Powdered Donuts, Cocoa Cherry Bar Combo	OFFERED DAILY
Breakfast Bread Slice Banana, Pumpkin	Breakfast Parfait with Seasonal Fruit	Whole Grain Pop-Tart Fudge	Breakfast Muffin Sunrise, Cherry	

Lunch

All lunch includes an Entrée, Choice of Fruit/Juice* and Vegetables, and Choice of Milk

*Must choose at least 1 fruit/vegetable, may choose up to 2 servings of each.

Milk Choices include Low Fat White, Fat Free Chocolate, Fat Free Skim

OFFERED DAILY	Monday	Tuesday	Wednesday	Thursday	Friday
Oven Fresh Pizza Cheese or Pepperoni Pizza available			1 Boneless Wings & Dutch Waffle or Macaroni & Cheese w/ Roll Country Baked Beans	2 Three Cheese Quesadilla or Corn Dog Basket & Boom-Boom Sauce Salsa Cup Steamed Broccoli Florets	3 Cheese or Pepperoni Pizza or Crispy or Spicy Breaded Chicken Sandwich Mashed Potato & Gravy
Chicken Sandwich Crispy Breaded or Spicy Breaded available	6 Philly Beef & Cheese Sub or Pepperoni (beef) Calzone Marinara Sauce Cup	7 Beef or Pork Taco or Cheese Pizza Crunchers Salsa Cup Fiesta Refried Beans	8 Boneless Wings & Rings with Boom-Boom Sauce or Meat Lovers Stromboli Marinara Sauce Steamed Corn Kernels	9 New Orleans Grilled Chicken w/ Ramen Noodles & Fortune Cookie or Cheesy Bread Marinara Sauce Cup Steamed Broccoli Florets	10 Beef Meatball Sub or Pasta & Beef Meatballs in Sauce
Grilled Hamburger Cheeseburger also available	13 No School for Students 	14 BBQ Pork & Cheese Nachos or Cheese Pizza Crunchers Salsa Cup Santa Fe Black Beans	15 Popcorn Chicken Potato Bowl w/ Gravy & Biscuit or Meat Lovers Stromboli Marinara Sauce Cup Steamed Corn Kernels	16 Sliced Beef & Broccoli w/ Ramen Noodles or Cheesy Bread Marinara Sauce Cup Steamed Broccoli Florets	17 Boneless Wings & Dutch Waffle
Cold Sandwich Grape PB&J Uncrustable, Turkey or Ham-Turkey and Cheese Hoagie available	NATIONAL SCHOOL LUNCH WEEK October 13-17, 2025 Taste the World with Your School Lunch Passport! 				
Cold Wrap Ceaser Wrap, Crispy or Spicy Breaded Wrap available	20 Philly Beef & Cheese Sub or Pepperoni (beef) Calzone Marinara Sauce Cup	21 Beef or Pork Taco or Cheese Pizza Crunchers Salsa Cup Fiesta Refried Beans	22 Boneless Wings & Rings with Boom-Boom Sauce or Meat Lovers Stromboli Marinara Sauce Steamed Corn Kernels	23 New Orleans Grilled Chicken w/ Ramen Noodles & Fortune Cookie or Cheesy Bread Marinara Sauce Cup Steamed Broccoli Florets	24 Beef Meatball Sub or Pasta & Sauce
Specialty Salad Yogurt, Fruit & Granola Parfait, Crispy or Spicy Breaded Chicken Salad, Ceasar Chicken Salad available	27 Tangerine Chicken w/ Rice & Fortune Cookie or Pepperoni (beef) Calzone Marinara Sauce Cup	28 BBQ Pork & Cheese Nachos or Cheese Pizza Crunchers Salsa Cup Santa Fe Black Beans	29 Popcorn Chicken Potato Bowl w/ Gravy & Biscuit or Meat Lovers Stromboli Marinara Sauce Cup Steamed Corn Kernels	30 Sliced Beef & Broccoli w/ Ramen Noodles or Cheesy Bread Marinara Sauce Cup Steamed Broccoli Florets	31 Boneless Wings & Dutch Waffle
Assortment of Fruits, Vegetables, and 100% Fruit Juice available daily					

★A la carte Smart Snacks may be available for purchase★